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Redlands Community Hospital Receives Get with the Guidelines-Stroke Gold Plus Quality Achievement Award

American Heart Association Award recognizes Redlands Community Hospital's commitment to providing high quality stroke care

REDLANDS, CA – October 25, 2021 – Redlands Community Hospital has received the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award and the Target: Type 2 Diabetes Honor Roll™ Award. The Stroke Gold Plus Quality Achievement Award recognizes the hospital's commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

Redlands Community Hospital earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.

"When a patient is experiencing a stroke, every second counts to preserving their health and quality of life," said Gayle Belardo, stroke center coordinator at Redlands Community Hospital. "This marks the seventh year that Redlands Community Hospital has earned this special distinction from American Heart Association/American Stroke Association. We are proud to continually deliver advanced life-saving stroke treatments to patients quickly and

safely. Our team strives for excellence in patient care and this acknowledgment confirms our team's dedication."

Redlands Community Hospital also qualified for the Target: Type 2 Diabetes Honor Roll™ Award, which is a distinguished honor for hospitals engaging in advanced care for patients with heart failure and/or stroke and type 2 diabetes. To qualify, hospitals must meet quality measures developed with more than 90% of compliance for 12 consecutive months for the "Overall Diabetes Cardiovascular Initiative Composite Score."

"We are pleased to recognize Redlands Community Hospital for their commitment to stroke care," said Lee H. Schwamm, M.D., national chairperson of the Quality Oversight Committee and Executive Vice Chair of Neurology, Director of Acute Stroke Services, Massachusetts General Hospital, Boston. "Research has shown that hospitals adhering to clinical measures through the Get With The Guidelines quality improvement initiative can often see fewer readmissions and lower mortality rates."

According to the American Heart Association/American Stroke Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds and nearly 795,000 people suffer a new or recurrent stroke each year.

To learn more about Redlands Community Hospital and its stroke center, call 909-335-5500 or visit: www.RedlandsHospital.org.

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About Redlands Community Hospital

Redlands Community Hospital is a 229-bed, independent not-for-profit facility located in Southern California.

About Get With The Guidelines®

Get With The Guidelines® is the American Heart Association/American Stroke Association's Get With The Guidelines® is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with tools and resources to increase adherence to the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 9 million patients since 2001. For more information, visit heart.org/quality.